

## Ultimate Fitness & Sports Coaching

On Tuesday 13<sup>th</sup> January, Scott Mallon, Sports & Behaviour Director from Ultimate Fitness and Sports Coaching, led a restraint course at the Stanford & Corringham Sixth Form for year 12 Health & Social Care students.

The students are currently working on Health, Safety and Security for their Unit 3; restraint is a fundamental area in security and safety, especially in Health & Social Care environments.

Scott went through the legislative content with



the group which will support their written assignments.

The group were then able to practice a number of restraint moves, taking into account the correct technique.

The group really enjoyed the workshop and felt it was very informative. Thank you to Scott Mallon and former Sixth Form student Jason Ring for supporting the Health & Social Care group.

# Luke Barnatt visits Sixth Form



Professional mixed martial artist, Luke Barnatt, visited Gable Hall School & The Stanford & Corringham Sixth Form on 17<sup>th</sup> December to share his knowledge and skills with students from year 7 to 13.

Luke, 26, rose to fame through the television series 'The Ultimate Fighter' and secured a professional contract with the Ultimate Fighting Championship (UFC) in 2012. Since then, he has relocated to California where he trains full time in the Alliance MMA Gym.

He took time out from his training schedule to meet with Sixth Form students who were able to ask him about nutrition, conditioning, lifestyle and psychological preparation at the highest level of sporting performance. He also led a workshop for 24 students exploring advanced techniques.

## Staff v Sixth Form Netball

Well done to the U19 Netball team and year 13 student Tommy Wiseman who took part in a Netball match at Gable Hall School on Friday 30<sup>th</sup> January against the Sixth Form staff. Although the team played extremely well, the staff went on to win 21-7.

Thank you to the following staff who took part in the match:

Mr England, Mrs Grisby,  
Mr Margiotta, Miss  
Nancolas, Miss Saywood,  
Mr Salmon, Mr Wilson and  
Mr Yeomans.



# Charity Fundraising



The Senior Student Council have been fantastic at arranging events to raise money for charity on behalf of the Sixth Form and this term has been no exception.

The students organised the 'Christmas Jumper Day' on Friday 12th December 2014 to raise money for 'Save The Children'.

Students and staff took part by wearing their favourite Christmas jumpers and raised even more money by selling hot drinks, cookies and cakes at break and lunch time.



Well done to the Senior Student Council and the following students who worked extremely hard to organise the event which raised £159.20.

Molly Burr, Alfie Firmin, Holly Firmin, Tiffany Jeffery, Rhys Lane, Danielle Pulfer, Ruby-Mae Radcliffe, Emily Rooney, Betty Sonubi, Chloe Trigg, Connor Trigg.

On Friday 6th February 2015 the Sixth Form Students also took part in 'Wear Red Day' to raise money for the British Heart Foundation.



# Shakespeare School Festival



Students at Gable Hall School and the Stanford & Corringham Sixth Form who took part in the Shakespeare School's Festival in December 2014 all celebrated receiving a Distinction at grade 4, Plays in Production, from Trinity College.

A representative of the college watched the performances and assessed the students taking part.

His report showed that the cast of "Taming of the Shrew" excelled in 4 aspects of the criteria

and states that they understood the language and dramatic potential with maturity.

Miss Latham is incredibly proud of the cast which includes Sixth Form students Harry Browse and Tiffany Jeffery and has said that she is continually impressed by their enthusiasm, passion and professionalism.

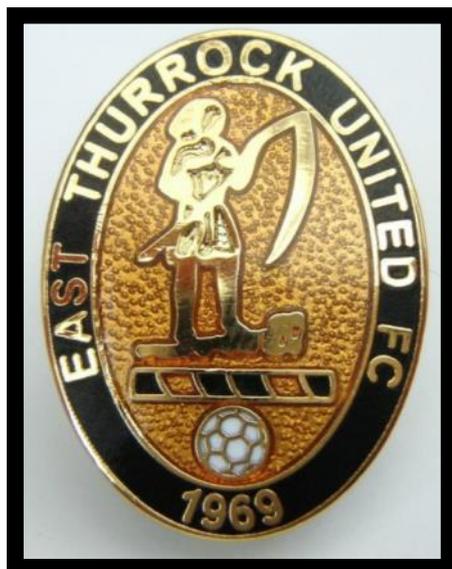


## Genie: The Feral Child

Congratulations to the year 13 Drama group who performed their exam piece: 'Genie: The Feral Child' to an audience of friends, family and staff on Thursday 26th February 2015 in preparation for their official exam performance on Friday 13th March 2015.

The students performed a very good and emotive performance on Friday 13th March 2015. Well done to Ellie Beeson, Harry Browse, Jodie Hooper, Tiffany Jeffery, Rhys Lane, Emily Rooney and Miss Latham and her team.

# FA Level 1 Coaching Award



Congratulations to the following students who have been awarded the FA Level 1 Coaching Award during the February half term.

Jonathan Edwards, Harry Hearn, Lewis Hurrell, Arri Kirby, Connor Lemay, Aaron Perry, Callum Spence, Jack Stubbings, Ryan Whitfield, Thomas Willats and Ashley Wylde.

As part of the course, the students completed First Aid training and Safeguarding components and were assessed by a trained instructor and assessor at the end of the week. This was a fantastic opportunity for the students to gain a qualification that they can use in their future careers and further education applications.

Congratulations to the following Sixth Form students who took part in 'Snow White and the seven dwarfs' pantomime at Gable Hall School in December 2014.



**Musicians** - Daniel Abiodun, Macauley Edmead, Alfie Firmin, Bobby King, Rhys Lane, Emily Rooney and Tyler Wilkinson.

**Comperes and Singers** - Tiffany Jeffery, Rhys Lane and Emily Rooney.

**Dancers** - Abbie Havis, Kirsty-Grace Milan, Haseenah Reynolds and Chloe Shaw.

**Photographers** - Molly Burr, David Hall and Emily Rooney.

Rhys Lane also played the brilliant part of Percival Potts!

The students worked extremely hard and their rehearsal's paid off when they performed over 3 nights in December. Everyone gave confident performances and had the audience in stitches with their quick fire gags. They even included an audience participation song '500 miles' which the audience joined in with gusto!

The Panto received some lovely review comments and one parent sent the following email: "I would just like to congratulate all the students who took part in the Panto. It was truly brilliant. Especially the Dame, Potts and the King were all very funny. Please thank all the students and not forgetting the sound and lighting and the face in the mirror. Well done to all those people who worked very hard to put together such a polished performance. "

Special thanks go to the cast, the technical team and the Directors who put the show together.

# Celebration of Achievement

The Sixth Form holds a termly Celebration of Achievement assembly to congratulate students on their achievements over the term. During the Christmas awards celebration the following students achieved the following awards:

## **Achievement Winner - Year 13:**

Molly Burr - £20.00 gift voucher for achieving 60 achievement points throughout the term.

## **Achievement Runners Up - Year 13:**

Tiffany Jeffery, Betty Sonubi and Connor Trigg achieved 40 points each.

All students who achieve 100% attendance over a term are entered into a prize draw and rewarded with a £20.00 gift voucher; this terms winner was **Henry Sealey - Year 13**.

## **Achievement Winner - Year 12:**

Emily Rooney - £20.00 gift voucher for achieving 70 achievement points throughout the term.

## **Achievement Runner Up - Year 12:**

Elise McGuigan achieved 60 points.

Our next Celebration of Achievement will take place on Wednesday 25th March 2015.

## 'Frankenstein'

On Tuesday 25th November, I and a number of A level students at the Sixth Form went to City Temple in London for a lecture day on 'Frankenstein' for our A level English Literature course.

These lectures focused on the context and influences of the novel Frankenstein, including scientific developments of the time and also gothic traits evident in the text. We listened to four lectures from different University lecturers. As well as learning a lot of new information to help us with our knowledge on the context of the novel, we got a taste of University life and the style of learning used.

I thoroughly enjoyed the trip and feel that the information I gathered on the day will help me with my exams next year.'

Megan Painter - Year 12



**For the latest  
information &  
news, follow  
us on twitter**

**@sixthformSCSC**

# Walk Online Roadshow

As part of the BTEC Health & Social Care course, the year 12 students have been working on an e-safety campaign and were asked to promote this during the 'Walk Online Roadshow' which took place at the Civic Hall, Grays over three days at the beginning of March 2015.



The Walk Online Roadshow aims to educate children aged from eight – eleven, how to be safe online and how to avoid giving away personal information.

The roadshow is put on by the Thurrock Local Safeguarding Children's Board and the sessions were delivered by Essex Police Detective Sergeant, John Woodley.



Congratulations to Year 13 students Ruby-Mae Radcliffe and Tiffany Jeffery who were invited to attend the Jack Petchey Awards Presentation on Friday 6th March to receive their medals after being nominated by Sixth Form students last term. Well done girls!



# Subject Challenge Day



10 students attended the Subject Challenge day for year 12 students hosted by Emmanuel College, Cambridge University, on Wednesday 14th March 2015.

The Subject Challenge day is especially designed for year 12 students who are interested in applying to selective, competitive, academic courses. It is an excellent opportunity to find out more about specific

courses, applying to competitive universities as well as providing an experience to reflect on during the application process. Students attended 4 sample lectures throughout the day, which included: Arts, Humanities, Social Sciences, English, Law, Business and Sciences.

## Dance Showcase

Congratulations to the A' Level Dance students who performed their 'Solo/Group Composition' and their Performance piece on Thursday 12th February 3:15-5:00pm at Gable Hall School.

This was a fantastic opportunity for students to meet a deadline and showcase their coursework in front of family, friends and staff. Prospective students who have applied to the Sixth Form were also invited to give them the opportunity to see what A' Level Dance involves.

